

Appendix 1.3

Volunteer Peer Health Educator Job Description

The Local CHAP Coordinator works with the Local Lead Organization and the Regional Manager to facilitate the successful operation of CHAP.

Key Responsibilities

- Attend volunteer peer health educator learning sessions to understand their role in the CHAP sessions.
- Attend refresher sessions and volunteer appreciation as organized by the Local Coordinator.
- Operate the CHAP sessions under the direction of the Local CHAP Coordinator.
- Assist participants to measure their blood pressure at CHAP sessions.
- Assist participants to complete the cardiovascular risk profile questionnaire.
- Promote educational and community opportunities to participants, based on their cardiovascular risk profile to improve risk factors and support healthy living.
- Provide local healthy living resources to participants and encourage participation.
- Learn about cardiovascular health and promote it to participants.
- Participate in the program's evaluation and provide suggestions to improve the program's quality.

Qualifications

- Must live within close proximity to the CHAP Program area
- Must be able to attend learning sessions
- Understand the challenges of older adults
- Aged 55 years and older preferred
- Interest and willingness to learn about cardiovascular health and healthy living
- No medical/health background required
- Must be able to communicate clearly in English, French and/or other language dependent on the area served
- Must have reliable transportation to travel to and from CHAP sessions